



Princeton Country Dancers Presents

An Appalachian Clog Dance Workshop

Saturday, January 28, 2006 at 5:15-6:45 pm

Featuring Instructors Peggy Leiby & Pat McGrath



Peggy & Pat

Come and enjoy a fun workshop to develop and enhance your basic clogging skills. Beginners and those with experience are welcome.

Peggy and Pat are the leaders of Philadelphia-based dance group FiddleKicks [see FiddleKicks.com] and have performed and taught traditional percussive dance styles, including Appalachian clog & flat-footing, English, Cape Breton and French Canadian for many years.

Those in their workshops leave with an excitement and enthusiasm for this fun and historic dance style!

- Basic steps and a routine will be taught.
- Footwear – Shoes with smooth sole of leather or hard rubber are best. No taps please!
- Depending on the interest and skills of the participants, those with more experience may be progressed separately.

More On Clogging: Coal miners do it! Librarians do it! Politicians do it! They're clogging, and carrying on an old Appalachian tradition!

Appalachian clogging evolved in the southern Appalachian mountains as a blend of dances brought to the US by early settlers, the Irish and Scottish (Celtic), and Africans, mixing with those of the Cherokee Indians. Their descendants continued to dance in this traditional style to the driving music of a fiddle, banjo, or to their own singing. Clogging has evolved in the US to encompass precision clogging, as well as more traditional styles, e.g. flat-footing. But certain stepping patterns are basic to all forms. Come and learn these in an enjoyable session!

Three great reasons to clog: you become the rhythm section on the dance floor; you can't help but smile while dancing; and its great exercise! So check out this workshop!

<u>Location</u>	Suzanne Patterson Center, Monument Drive, Princeton, NJ (behind Princeton Borough Hall & Police Station, at intersection - Rts 27 and 206)
<u>Admission</u>	Workshop: \$10/person, \$5 students and seniors with ID
<u>Registration</u>	Pre-registration is recommended. Contact Eileen at epthayes@comcast.net or 609-730-1272.
Also there's a Sat. Eve. Contra Dance!!!	Begins at 8 pm - 11pm. Caller - Richard Fischer Band - Raise the Roof from Philadelphia (with Mat Clark, Judy Stellar, Pete Soloway and Kathy Talvite). Admission: \$8 for adults, \$4 for students and seniors with ID. FiddleKicks will dance at the refreshment break.
For information:	609-730-1273, or email epthayes@comcast.net